# **Fundamentals Of Astronomy**

Part 9: Seeing, Transparency, and Dark Sky Ratings

By David Berns 7-4-25

### Introduction

In observational astronomy, the clarity and quality of celestial observations are profoundly influenced by Earth's atmosphere and environment. Three critical factors define the effectiveness of any astronomical observation: seeing, transparency, and dark-sky rating.

Seeing (figure 1) refers to the steadiness of Earth's atmosphere and how turbulence within it affects the sharpness and resolution of astronomical images. Turbulent air currents cause stars to twinkle, blurring fine details of planets, double stars, and small-scale features of deepsky objects. Better seeing conditions yield clearer, more detailed observations.



**Figure 2** Jupiter imaged in poor seeing (Left) and good seeing (right) – Source: https://www.skyatnightmagazine.com/



Figure 1 M31 excellent transparency (top image) vs Poor transparency (bottom image – Source: https://skyandtelescope.org

Transparency (figure 2) refers to the atmospheric clarity, which signifies how well starlight can penetrate through the atmosphere without being significantly absorbed or scattered. Several factors influence transparency, including water vapor, dust particles, pollution, and atmospheric haze. When these elements are present in high concentrations, they can obstruct the light from celestial objects, diminishing visibility and detail.

In conditions of high transparency, astronomers can observe faint stars, galaxies, nebulae, and other diffuse celestial objects with much better contrast and precision. This is crucial for astrophysical studies, as many astronomical phenomena involve objects that emit only minimal amounts of light, making them difficult to detect against a brighter background. Observatories often schedule observations during times of optimal transparency, such as after rainfall or during specific seasons, when the atmosphere is less hampered by particulate matter. The dark-sky rating assesses the degree of artificial light pollution at an observing site. Artificial illumination from cities or towns significantly reduces the visibility of faint astronomical objects by increasing sky brightness and reducing overall contrast.

A widely recognized system for assessing dark skies is the Bortle Scale.

The Bortle Scale (figure 3) consists of nine levels, with level one representing exceptional dark skies and level nine indicating severe light pollution, typical of urban centers. Each level provides insights into the impact on astronomical observing.



*Figure 3 The Bortle Scale from darkest skies (left) to worst light-polluted skies (right)* – *Source: https://en.wikipedia.org/wiki/Bortle\_scale* 

Together, these three factors—seeing, transparency, and dark-sky rating - define the suitability of a site for observational astronomy and strongly influence both the type and quality of celestial phenomena astronomers can study.

## Seeing

Seeing directly influences the clarity and sharpness of astronomical images, impacting both visual observations and astrophotography<sup>1</sup>.

For astronomers, seeing conditions determines how much detail can be resolved in an object, e.g., whether the Cassini Division in Saturn's rings or fine craterlets on the Moon are visible. Poor atmospheric seeing can render high magnifications useless.

Amateur astronomers commonly use the Antoniadi Scale, a five-point subjective scale or a 1-to-10 scale, especially in the U.S. The 1–10 scale, popularized in publications like *Sky & Telescope*, is more granular and intuitive.

These ratings are *subjective* and *local*. One observer's "7" may be another's "5" depending on experience, telescope resolution, and location. Seeing is often impaired at low altitudes, during temperature transitions (sunset and sunrise), or over rooftops and roads.

Seeing Rating	Description	Star Appearance	Planetary Detail	Notes
1 (Very Poor)	Severe turbulence	Stars boil, dart, and blur continuously	No detail: image breaks apart	Telescopes are often unusable
2	Poor	Stars are highly distorted and dancing	Almost no detail; impossible to focus	Viewing is frustrating

Table 1 Ten-point seeing scale (U.S.)

3	Very Unsteady	Stars flicker erratically	Very low-contrast, unstable images	May glimpse large bright features
4	Unstable	Stars shimmer with distorted shapes	Moments of brief clarity	Short windows of marginal usefulness
5	Fair	Stars twinkle mildly, sometimes focused	Broad planetary features are just resolvable	Acceptable for casual observation
6	Above Average	Stars are mostly steady with minor motion	Some planetary belts, lunar detail discernible	Decent for modest magnifications
7	Good	Stars are steady with minor twinkling	Major features visible; Saturn ring divisions seen	Useful for meaningful observation
8	Very Good	Stars pinpoint, nearly no motion	Fine detail in craters, Jupiter belts, etc.	Excellent for imaging or high power
9	Excellent	Stars rock-solid at high power	Fine planetary and lunar detail is stable	Rare in most locations
10 (Perfect)	Ideal seeing (sub- arcsecond)	Stars, unmoving pinpoints, and diffraction disks are visible	Razor-sharp detail; telescope limited by optics	Extremely rare; often in desert/mountain sites

 Table 2 Cross-walk between the U.S. 10-point seeing scale and the classical Antoniadi I–V classes.

10-pt rating	Short descriptor (from Table 1)	Antoniadi class	Why does this mapping fit
10	Perfect – sub-arcsecond, diffraction discs perfectly steady	I (perfect)	The image shows no quiver; the telescope is limited only by optics
9	<i>Excellent</i> – rock-solid at high power	1	Still fulfils Antoniadi's "without a quiver" definition
8	<i>Very good</i> – pinpoint stars, almost no motion	II (slight undulations)	Only faint micro-ripples are visible
7	Good – steady with minor twinkling	II	Gentle, brief wavelets match Antoniadi II
6	Above-average – mostly steady, some	III (moderate)	Larger tremors begin to blur fine detail
	motion		intermittently
5	Fair – mild twinkle, broad planetary detail only	111	Moderate, persistent blurring fits Antoniadi III
4	Unstable – distorted shapes, very short calm moments	IV (poor)	Constant troublesome undulations prevent high-resolution work
3	Very unsteady – erratic flicker, low- contrast image	IV	Image continually smeared, matching Antoniadi IV
2	<i>Poor</i> – highly distorted, cannot reach focus	V (very bad)	Severe turbulence; almost unusable
1	Very poor – stars "boil" continuously	V	Image breaks apart exactly as in Antoniadi V

The Earth's atmosphere comprises layers of air with varying densities, temperatures, and refractive indices. Turbulent air motions, primarily driven by thermal gradients and wind shear, cause continual fluctuations in the path and speed of incoming starlight<sup>2</sup>. As a result, point-like sources, such as distant stars, appear blurred or exhibit rapid brightness fluctuations—an effect commonly observed as stellar twinkling, technically known as scintillation (Figure 4).



*Figure 4 Example of atmospheric blurring of stars caused turbulent air currents* – *Source: https://vikdhillon.staff.shef.ac.uk* 



Figure 5 "Individual photons from a distant star hit the telescope detector at varied locations due to atmospheric turbulence. Over time, these photons create a circular pattern, resulting in a blurry image known as the "seeing disk." - Source:

http://lifeng.lamost.org/courses/astrotoday/CHAISSON/NAV/FRAMESET/FRA ME05/IDX05-03.HTM

Seeing conditions are quantified by measuring the apparent diameter of a stellar image, typically expressed in seconds ("). Excellent seeing conditions allow resolutions below 0.5", while poor seeing may exceed 2.0" or more<sup>3</sup>. At sites renowned for their superior seeing, such as Mauna Kea in Hawaii or Cerro Paranal in Chile, astronomers regularly experience conditions better than 1.0", enabling detailed studies of planetary surfaces, tight double stars, and distant galaxies. Astronomical seeing has a significant impact on the capabilities of ground-based telescopes (Figure 5).

While larger telescopes theoretically offer greater resolution due to their increased aperture, atmospheric turbulence often limits the achievable resolution. In other words, the atmosphere acts as the limiting factor, overriding the telescope's inherent resolving power<sup>4</sup>. Therefore, achieving optimal seeing is critical for high-resolution observations.

Several approaches have been developed to mitigate the effects of atmospheric seeing. Adaptive optics (AO), an advanced technique widely employed at large observatories, utilizes real-time corrections provided by deformable mirrors (Figure 6) that compensate for atmospheric distortion<sup>5</sup>.

AO systems significantly enhance image sharpness, often approaching the diffraction-limited performance of large telescopes, thus enabling astronomers to conduct detailed analyses of celestial objects that would otherwise remain unresolved.



Figure 6 Typical "Deformable Mirror" adaptive optics system Source: https://andor.oxinst.com/learning/view/article/intro



Figure 7 The top image is the result of aligning and stacking the best images of a stack vs (bottom image) a single exposure of the same target. Source: https://www.caradonobservatory.com/articles/luckyimaging-explained

Alternatively, the technique known as "lucky imaging" employs rapid imaging and selective post-processing to retain only the sharpest exposures captured during brief moments of atmospheric stability<sup>6</sup>. This method is especially beneficial for small- to medium-sized telescopes, allowing them to achieve resolutions comparable to larger instruments under normal seeing conditions (Figure 7).

Ultimately, the quest for ideal observing conditions has driven astronomers to establish observatories in locations offering superior atmospheric stability. Sites at high altitudes, distant from urban heat islands and positioned away from strong jet streams, exhibit consistently better seeing conditions. Continuous monitoring and characterization of seeing quality at potential observatory sites remain critical steps in astronomical site selection<sup>7</sup>.

In conclusion, astronomical seeing fundamentally constrains observational astronomy by limiting image clarity and resolution. However, through strategic site selection and innovative technologies such as

adaptive optics and lucky imaging, astronomers can substantially mitigate these effects, enabling profound advancements in observational capabilities and scientific discovery.

### Transparency

Transparency is essential for observing faint astronomical objects. It directly influences the visibility and contrast of galaxies, nebulae, and star clusters<sup>1</sup>.

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The primary factors affecting transparency in the atmosphere include atmospheric moisture, aerosol particles, dust, pollution, and thin clouds. Each of these components interacts with incoming starlight in ways that can diminish the intensity and clarity of the light reaching an observer's telescope.

Atmospheric moisture, for instance, can create a haze that absorbs or refracts light, leading to diminished visibility. Similarly, aerosol particles—tiny solid or liquid droplets suspended in the air—often originate from a variety of sources, including industrial pollution, volcanic eruptions, forest fires, or even natural phenomena such as desert dust storms. These aerosol particles play a significant role in reducing transparency by scattering light, with their impact being particularly pronounced at shorter wavelengths, such as blue and violet light.

In addition to these factors, dust and particulate matter can accumulate in the atmosphere, further contributing to the scattering and absorption of light. Pollution, resulting from human activity, introduces various chemicals and particulates that not only obscure celestial observations but also affect air quality. Lastly, thin clouds can scatter and block light, leading to increased diffusion and decreased overall transparency. Together, these elements create a complex interplay that can significantly affect astronomical observations and the overall clarity of the night sky.<sup>2</sup>.

Astronomers quantify transparency by measuring the extinction coefficient, which describes the magnitude decrease in brightness per unit air mass. A lower extinction coefficient corresponds to higher transparency, enabling astronomers to detect fainter objects<sup>3</sup>.



This graphic (Figure 8) depicts magnitude loss vs air mass for various atmospheric

extinction coefficients,

Figure 8 Magnitude loss vs Air mass for different extinction coefficients

which quantify transparency:

- Each line represents a different transparency class, from pristine (low extinction) to poor (high extinction).
- The steeper the slope, the worse the transparency.
- At air mass 2 (about 30° altitude), the difference in lost magnitude between pristine and poor conditions can exceed 0.75 mag, dramatically affecting visibility of faint objects.

Transparency can also be informally assessed by observing the limiting magnitude (Table 2), the faintest star detectable by the naked eye or a specific telescope at a given site and time.

UMi stars visible (brightest→faintest)	Count	NELM ≈	Zenith extinction <i>k</i> V (mag · air- mass <sup>-1</sup> )	Transparency class	Typical Bortle class
<b>α, β, γ</b> (Polaris 2.0; Kochab 2.1; Pherkad 3.0)	3	≤ 4.8	≥ 0.46	<b>Poor</b> — heavy aerosols / thin haze	6–7
+δ (Yildun 4.4)	4	5.0 – 5.6	0.31 - 0.45	Fair — thin cirrus or moderate humidity	5
<b>+ ε or ζ</b> (ε 4.2, ζ 4.3)	5	5.7 – 6.0	0.21 - 0.30	Good — genuinely clear rural sky	4
+ both $\epsilon$ and $\zeta$	6	6.1 – 6.4	0.14 - 0.20	Excellent — transparent high- pressure air	3
All seven (add η 4.95)	7	≥ 6.5	≤ 0.13	Pristine — desert/alpine clarity	1–2

Table 3 Transparency estimate based on the visibility of the stars in Ursa Minor

Transparency significantly impacts astronomical observations by determining the detection limit of faint objects and affecting photometric accuracy. Poor transparency leads to increased background brightness and reduced contrast, making faint celestial objects difficult or impossible to observe effectively. Conversely, sites with consistently high transparency, such as Mauna Kea in Hawaii or the Atacama Desert in Chile, allow astronomers to perform deep-sky surveys and detailed photometric studies critical for modern astronomical research<sup>4</sup>.

Mitigating the effects of reduced transparency primarily involves selecting optimal observing locations. High-altitude observatories situated in arid climates with minimal atmospheric moisture and pollution provide the best transparency conditions. Additionally, continuous monitoring and forecasting of atmospheric conditions help astronomers plan observations when transparency is optimal<sup>5</sup>.

Advanced observational techniques, such as multi-wavelength observations, allow astronomers to bypass transparency issues at certain wavelengths. Infrared observations, for example, are less sensitive to scattering by aerosols and dust, thus permitting clearer views of regions obscured in visible light<sup>6</sup>.

In conclusion, astronomical transparency significantly influences observational capabilities by controlling the depth and quality of celestial observations. Optimal transparency conditions, achieved through careful site selection and strategic observational techniques, are vital for advancing astronomical research, enabling astronomers to explore faint and distant phenomena in the universe.

## Dark Sky Rating

Gauges the darkness of the night sky, determining the suitability of locations for astronomical observations by measuring how significantly human-produced light reduces the visibility of celestial phenomena<sup>1</sup>.

Artificial lighting from urban areas, commercial establishments, and streetlights disperses into the atmosphere, creating a phenomenon known as skyglow. This phenomenon occurs when artificial light scatters off atmospheric particles and molecules, effectively illuminating the night sky and obscuring the visibility of celestial objects. Skyglow is particularly pronounced in densely populated areas, where large

concentrations of lighting sources—such as neon signs, headlights, and illuminated billboards—combine to create a halo effect that can extend for many miles beyond the urban center.

The intensity of skyglow can vary significantly depending on factors such as the type of lighting used, the geographic location, and the cleanliness of the atmosphere. For instance, older high-pressure sodium lights, commonly used for street lighting, emit a distinctive yellow-orange light that can contribute to skyglow differently than newer LED fixtures, which may have a more varied color spectrum. Additionally, during periods of high humidity or pollution, the scattering effect is amplified, resulting in even brighter and more pervasive skyglow.

This increased illumination can have several negative impacts on both amateur and professional astronomers, making it difficult to observe faint celestial objects and diminishing the contrast needed for detailed astronomical study. It also has ecological effects; the disruption of natural nighttime darkness can impact wildlife behavior and disrupt biological rhythms. As communities recognize these issues, awareness of light pollution and efforts to implement better lighting designs, such as using shielded fixtures and reducing unnecessary illumination, have gained momentum in improving night sky visibility and mitigating the effects of skyglow.



Figure 9 The Bortle Scale Source: https://astrobackyard.com/the-bortle-

Skyglow dramatically reduces contrast between celestial objects and the sky background, obscuring faint stars, galaxies, and nebulae, thus hindering scientific observations and visual astronomy<sup>2</sup>. Dark sky quality is often assessed using standardized scales such as the Bortle Dark Sky Scale, which was developed by the astronomer John E. Bortle in 2001. This scale serves as a valuable tool for both amateur and professional astronomers, as well as for anyone interested in experiencing the beauty of the night sky.

The Bortle Dark Sky Scale (Figure 9) categorizes observing sites into nine distinct classes, each reflecting different levels of light pollution and sky visibility. Class 1 represents exceptionally dark skies, where natural airglow is the dominant source of light, allowing for spectacular views of celestial objects. In these areas, faint stars and the Milky Way are easily visible to the naked eye, making them ideal locations for serious stargazing and astrophotography.

In contrast, Class 9 represents areas with extremely bright skies, typically found in densely populated urban centers where artificial

light overwhelms the night landscape. Here, astronomical observations become severely hampered, with only the brightest stars and planets visible, often obscured by the glare of streetlights and other urban illumination.

Intermediate classes within the scale—such as Class 4 and Class 5—reflect suburban and rural areas that experience moderate light pollution. Class 4 locations may offer some visibility of the Milky Way, while Class 5 sites often struggle to reveal fainter celestial objects.

The Bortle Scale not only helps in identifying optimal stargazing locations but also raises awareness about the impact of light pollution on our night sky. By promoting dark-sky practices and encouraging the preservation of these valuable natural resources, we can enhance our connection to the cosmos and foster a greater appreciation for the wonders beyond our planet.

Lower-class (darker) skies provide optimal observing conditions, enabling astronomers and enthusiasts to observe faint celestial phenomena without interference from artificial light<sup>3</sup>.

Advocacy and education by organizations such as the International Dark-Sky Association promote awareness and implementation of policies aimed at preserving dark skies<sup>5</sup>.

Founded in 1988 in Tucson, Arizona, the International Dark-Sky Association (IDA)—rebranded as DarkSky International in 2023—was launched by astronomer David Crawford and physician-astronomer Tim Hunter to stem the accelerating loss of the natural night sky.

The nonprofit's mission is "to preserve and protect the nighttime environment and our heritage of dark skies through quality outdoor lighting," and over three decades it has grown into the central voice of the dark-sky movement, issuing research-based lighting guidelines and certifying more than 200 International Dark Sky Places worldwide.<sup>6</sup>

To supply those certifications with objective evidence, IDA established a Sky Quality Meter-Lens (SQM-L) initiative, formalized in late 2022 as the *Light Monitor Grant Program*, which loans Unihedron SQM-L photometers (Figure 10) to chapters, delegates, and applicant communities.<sup>7</sup>

The handheld device's ≈10-degree field of view sharply limits stray light, delivering zenith-point brightness readings (magnitudes per square arc-second) that remain reliable even near the horizon's glow.<sup>8</sup>

IDA's *Dark Sky Assessment Guide* instructs observers to record five to six consecutive readings per site under moon-free astronomical darkness, discard the first value, and average the rest; repeating this protocol seasonally builds an auditable

International Dark Sky Place status <sup>9</sup>



 Figure 10 Unihedron Sky Quality Meter - Source:

 protocol seasonally builds an auditable
 Figure 10 Unihedron Sky Quality Meter - Source:

 https://commons.wikimedia.ora/wiki/File:SQM-I.ipa

 record of sky quality that demonstrates compliance with the lighting-management plans required for

When an observer employs a Sky Quality Meter-L, they first select a spot shielded from direct artificial light so the sensor receives only the natural sky glow. After a few minutes in darkness—enough for both

the human eye and the photodiode inside the meter to reach thermal equilibrium—the instrument is held vertically with its narrow 10-degree field of view aimed straight at the zenith.

A single press of the button initiates a brief integration; the device then beeps and displays the sky brightness in magnitudes per square arc-second. Several readings are normally taken in succession, with the observer re-aiming between measurements and later averaging the values to reduce random error.

Alongside each reading, the observer records the date, time, ambient temperature reported by the meter, and the observing site's coordinates so the data can be compared over months or contributed to projects such as Globe at Night.

Proper care—protecting the acrylic window from dust and replacing the 9-volt battery when indicated—helps maintain the factory calibration of  $\pm 0.10$  mag arcsec<sup>2</sup>, ensuring that long-term trends in local light pollution can be tracked with confidence

Table 4 Bortle and SQM limiting magnitudes

Class	Sky Quality	Naked Eye Limiting Magnitude	Typical SQM (mag arcsec <sup>-2</sup> )	Milky Way Visibility	Key Characteristics
1	Excellent dark- sky site	7.6–8.0+	21.9 – 22.	Milky Way casts shadows; extremely structured, bright	Zodiacal light, gegenschein, and M33 naked-eye visible; ideal for deep-sky observing
2	Typical truly dark site	7.1–7.5	21.6 - 21.9	Very detailed and prominent; dark rift visible	Some airglow may be seen; M33 is visible with averted vision; faint zodiacal light
3	Rural sky	6.6–7.0	21.3 – 21.6	Still prominent, though slightly washed out	M31 is visible to the naked eye; sky background is slightly bright; minimal skyglow
4	Rural/suburban transition	6.1–6.5	20.5 – 21.3	Visible but lacks detail; darker sky areas diminishing	Some light domes on the horizon; M33 barely visible; background noticeably brighter
5	Suburban sky	5.6–6.0	19.5 – 20.5	Faint and washed out; barely detectable overhead	M31 is dim; only the brightest Messier objects are visible; skyglow affects most of the sky
6	Bright suburban sky	5.1–5.5	18.9 – 19.5	Usually invisible	Only the brightest stars and Messier objects are visible; light domes are prominent
7	Suburban/urban transition	4.6–5.0	18.4 – 18.9	Not visible at all	Sky background is very bright; only major stars, planets, and the Moon are easily seen

8	City sky	4.1–4.5	< 18.4	Not visible; sky orange or gray	Sky glow dominates; only a few dozen stars are visible; telescopic viewing is limited
9	Inner-city sky	≤4.0	typically 16 – 18 (often < 17	Completely invisible	Night sky heavily light-polluted; Moon and planets visible, stars mostly obscured

Light pollution adversely affects astronomical research by limiting the ability to detect faint celestial objects and diminishing the accuracy of photometric measurements. Additionally, ecological impacts include disruptions to nocturnal wildlife and human health consequences related to altered circadian rhythms<sup>4</sup>.

Mitigating light pollution involves employing effective outdoor lighting policies and practices. Shielded, downward-directed lighting fixtures and the use of low-intensity, amber-colored or narrow-spectrum LED lighting significantly reduce skyglow.

In conclusion, dark-sky ratings directly influence astronomical observation quality by dictating the visibility of faint celestial phenomena. Effective mitigation through responsible lighting practices and strategic site selection is essential for preserving astronomical research integrity and promoting sustainable coexistence with our nocturnal environment.

## Conclusion

A comprehensive understanding of astronomical seeing, transparency, and dark-sky rating is essential for any serious observational astronomer. These three parameters define the limits of what can be observed from Earth's surface and collectively determine the quality, depth, and precision of astronomical data.

Knowing the prevailing seeing conditions allows astronomers to choose appropriate magnifications, plan high-resolution imaging or planetary observations, and anticipate limitations imposed by atmospheric turbulence. Transparency governs whether faint objects can be successfully observed or measured, particularly critical for photometry, spectroscopy, and deep-sky astrophotography. Meanwhile, an accurate assessment of dark-sky quality informs site selection and allows astronomers to maximize contrast and minimize background sky brightness, especially vital when observing diffuse or low-surfacebrightness objects.

By understanding and monitoring these environmental factors, astronomers can make informed decisions about equipment usage, timing of observations, data interpretation, and long-term planning. Furthermore, advocacy for dark-sky preservation and participation in sky quality monitoring efforts contribute to protecting the night sky as a shared scientific and cultural resource.

In sum, mastery of these observational fundamentals enhances both the scientific value and personal satisfaction of astronomical work, empowering observers to extract the maximum detail and depth the cosmos has to offer—even from under Earth's imperfect atmosphere.

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